

# **TRIGNO™ EMG Biofeedback System**

## **Trigger Adapter User's Guide**

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# Table of Contents

<b>Important Information</b>	<b>3</b>
Intended Use	3
Technical Service and Support	3
Warnings and Precautions	4
Device Information	5
Disclaimer	7
System Requirements	7
<b>Trigger Adapter Overview</b>	<b>8</b>
Smart Sensor Features	8
<b>Maintenance and Care</b>	<b>9</b>
<b>Specifications</b>	<b>10</b>

# Important Information

## Intended Use

The Trigno™ Wireless EMG Systems are battery-powered biofeedback devices that enable researchers and clinicians to acquire EMG and related signals from subjects for biofeedback purposes. They are intended for relaxation training and muscle reeducation. Interpretation of the EMG and supporting signals by a qualified individual is required.

The Trigger Adapter is a component of the Trigno System and is used to detect voltage signals from 3rd party devices that are used as event markers. The Trigger Adapter is not a body-worn device.



Refer the Trigno EMG System User Guide for important information regarding the Trigno System.

Rx ONLY

DO NOT USE for diagnostic or critical care applications.

## Technical Service and Support

For information and assistance visit our web site at:

[www.delsys.com](http://www.delsys.com)

Contact us at:

telephone: (508)-545-8200

email: [support@delsys.com](mailto:support@delsys.com)

# Warnings and Precautions



Consult all accompanying documents for precautionary statements and other important information.



Consult accompanying user's guide for detailed instructions.



Keep the device dry. The device is not waterproof and should not be submerged under any circumstance. The ingress of liquids may compromise the safety features of the device. The device is not intended for use under high sweat conditions. Situations which may result in the entrapment of sweat around the sensors must be avoided.



Handle with care. Trigno™ sensors and instruments are precision devices and are not designed for excessively rugged use. Carefully inspect devices prior to each use to ensure that no mechanical deterioration has occurred.



Sensitive electronic device. Avoid static discharges. Do not operate or store near strong electrostatic, electromagnetic, magnetic or radioactive fields. Interference from external sources may decrease the signal-to-noise ratio or result in corrupted data.



Connect only to Delsys-approved devices.



Connecting a patient to high-frequency surgical equipment while using Delsys EMG systems may result in burns at the site of the EMG sensor contacts.



Immediately discontinue device use if skin irritation or discomfort occurs.



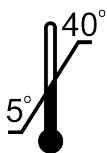
Immediately discontinue device use if a change in the device's performance is noted. Contact Delsys technical support for assistance.



Delsys Inc. guarantees the safety, reliability, and performance of the equipment only if assembly, modifications and repairs are carried out by authorized technicians; the electrical installation complies with the appropriate requirements; and the equipment is used in accordance with the instructions for use.



Device contains a Lithium-Polymer battery. Do not damage, crush, burn, freeze, heat or otherwise mishandle the device. Recharge only with the approved power supply and recharger. Sensors should be charged at least once every 3 months to prevent battery damage from excessive self discharge. Extended periods in the discharged state may damage the internal lithium polymer cell.



Trigno™ Systems should be stored and operated between 5 and 40 degrees Celsius due to the presence of an internal Lithium Polymer rechargeable cell. Storing or operating the device, and consequently the cell, outside of this temperature range may compromise the integrity and the safety features of the cell.

## Device Information



Complies with Requirements put forth by the Medical Device Directive 93/42/EEC. Class I device, Annex VII.



Type BF device (IEC 60601-1).



Isolated device, (Class II, IEC 60601-1)



Do not dispose this product with house waste. Contact Delsys Inc. for instructions on responsibly disposing this device. This product should not be mixed with other commercial wastes.



Date of Manufacturing (appears on device)



Serial Number (appears on device)



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Prinsessegracht 20  
2514 AP, The Hague  
The Netherlands

Authorized Representative



DELSYS INC.  
23 Strathmore Rd.  
Natick, MA 01760  
USA

Manufacturer



This device complies with Part 15 of the FCC Rules and Industry Canada's RSS-210 License Exempt Standards. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This product complies with FCC OET Bulletin 65 radiation exposure limits set forth for an uncontrolled environment.



Pursuant to Part 15.21 of the FCC Rules, any changes or modifications to this product not expressly approved by Delsys Inc. might cause harmful interference and void the FCC authorization to operate this product.



To reduce potential radio interference to other users, the antenna type and its gain should be so chosen that the equivalent isotropically radiated power (EIRP) is not more than that required for successful communication.



This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. There is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into outlet on a separate circuit.

## Disclaimer

DELSYS INC. makes no warranties, express or implied, as to the quality and performance of this product including but not limited to, any implied warranty of applicability for other than research uses by qualified individuals. DELSYS INC. shall not be liable to any person for any medical expenses or any direct or consequential damages resulting from any defect, failure or malfunction, whether a claim for such damages is based upon theory of warranty, contract, tort or otherwise. No representative, agent, or licensed practitioner is authorized to waive this disclaimer. DELSYS INC. makes no diagnosis or prescription by virtue of anything about this product.

## System Requirements

The Trigno™ Trigger Adapter is designed to be used with Trigno™ Wireless EMG Systems.

# Trigger Adapter Overview

The Trigno Trigger Adapter is designed to allow researchers to sample 0 to  $\pm 5V$  signals from 3rd party lab devices alongside other Trigno sensors so that data from these other devices and systems can be compared with Trigno biofeedback data. The adapter is fitted with an industry-standard BNC connector and is tuned for sampling digital signals that can act as event markers. Optimal performance from the adapter is obtained with a low impedance signal source (i.e. “buffered” output source).



Figure 1. Trigno Trigger Adapter

Ensure that all input signals never exceed a maximum of  $\pm 5$  volts.

## Smart Sensor Features

Sensors must be paired with a base station to properly transmit data to the PC. Refer to the Trigno EMG System User Guide for information on sensor pairing and system operation. Once pairing is complete, the software will verify that the sensors currently communicating match those used in the configuration. If there is a mismatch, cancel the recording and repeat the pair process.

The Trigno Trigger Adapter will appear with a unique icon shown below in EMGworks once it has been properly paired and identified.

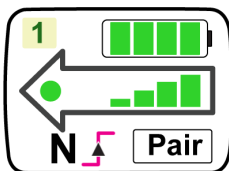


Figure 2. Trigno™ Trigger Adapter icon appearing in EMGworks, identified as a type “N” device. .

Please refer the Trigno™ EMG System User Guide for further details on system and sensor operation.



## Maintenance and Care

Trigno™ sensors are encased in a sealed polycarbonate enclosure. The following points should be kept in mind when handling the sensors.

- All sensors should be visually inspected before each use to ensure that no mechanical deterioration has occurred.
- The sensors can be cleaned with 70% isopropyl alcohol swabs. Ensure that the sensor contacts remain clean at all times for proper operation.
- The sensors are not waterproof and should not be submerged in any liquids under any circumstance. The ingress of liquids may compromise the safety features of the device. These devices are not intended for use under high-sweat conditions, where the accumulation or the entrapment of sweat can expose the sensor to sustained levels of dampness.
- Handle the sensors with care: do not drop them on the ground or step on them.
- Take care to never pull device by the cable, or excessively stress this cable as this may result in cable damage. Inspect the device prior to each use to ensure that no deterioration has occurred.
- Battery duration is a function of battery age and charge/discharge conditions. Optimal battery performance is obtained when the device is operated at room temperature. Excessive heating (above 40 deg. C) or excessive cooling (below 5 deg. C) may damage the internal battery. Contact Delsys Technical support if the device is exposed to temperatures outside of these limits.
- The device battery capacity is typically expected to decrease to 80% of its original capacity after 300 charge/discharge cycles. Batteries will self-discharge with time if unused. Excessive self-discharging may damage the battery. Periodically charge the sensors at least once every 3 months, to extend battery life.



**Do not submerge the sensors in any liquid under any circumstance.**



**The sensors contain sensitive electronic circuitry. Static discharges and intense magnetic fields should be avoided to prevent the risk of irreparable damage to the sensors.**

# Specifications

Typical Operating Range <sup>(1)</sup>	20 m
RF Frequency Band	2400-2483 MHz (ISM band)
Power Consumption	<0.130 W
Effective Radiated Power	9 mW
RF Protocol	Proprietary
Power Consumption	< 0.130 mW (average)
Full-charge Operation Time <sup>(2,3)</sup>	>6 hours (typical)
Recharge Time <sup>(3)</sup>	2.5 hours
Auto Shut-down timer	300 seconds
Enclosure Dimension (sensor)	27 x 47 x 15 mm
Connector Style	BNC
Cable Length	127mm ± 13mm
Temperature Range <sup>(4)</sup>	5 - 40 degrees Celsius
Input Signal Range <sup>(5)</sup>	±5V
Gain Error	±10%
Max Offset	<10% Full Scale
Filter Characteristics	DC - 850 ± 100 Hz, 40 dB/dec Bessel Filter Type
Sampling Period	27/52 ms
Group Delay	< 2 sampling periods
Resolution Depth	16 bits
Channel Noise	<20mV pkpk(r.t.i.)
Input Resistance (calculated)	37.4 KΩ
Source Impedance Compensation <sup>(6)</sup>	$V_{adj} = 1.267 + \left\{ \frac{37.4K\Omega}{37.4K\Omega + R_s} \right\} (V_{in} - 1.267)$

- (1) Range is characterized in open office environments. Interfering RF sources in the 2.4 GHz spectrum, as well as absorptive objects occluding the RF communication path may degrade transmission distance. Stated range can be exceeded under favorable RF conditions. Range is also expressed as a typical area coverage, which would circumscribe a circle with diameter 40m.
- (2) Battery duration is a function of charge and discharge conditions. Optimal battery performance is obtained when the device is operated at room temperature. Note that the stated Operation Time reflects the expected performance of a fully charged new battery used in a sensor that is transmitting data. Operation Time is expected to decrease as a function of charge cycles, and when the sensor is searching for a network.
- (3) 80% of original battery capacity is maintained after 300 discharge/recharge cycles or after 2 years if recharge cycles are less than 300. These values represent typical expectations under normal conditions. Actual performance will vary depending on usage conditions.
- (4) Operation beyond these temperature limits may damage the rechargeable battery.
- (5) Signal input values exceeding +/-5V will be distorted due to saturation. Voltage inputs exceeding this range may damage the device.
- (6) The Trigger Adapter is designed to accommodate an industry standard source output impedance of 50Ω. Impedances higher than 50Ω will attenuate the measured signal according to the specified equation.

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